**10/23 – 10/27**

**7th Grade Health**

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| Date | Objectives:The student will be able to  | Activities | Assessment | State Standards |
| 10/24 | Students will be able to score 80% or higher as a class on their quiz | Students will begin class by going over their completing a short open-booked quiz. Following this, we will begin reading on pg. 56 for as long as time permits  | Homework, numbers 1-5 on page 41  | 10.1.9.E10.2.9.D103.9.D |
|  10/26 | Students will be able to name at least 3 different forms of bullying  | Students will read through their book before answering questions on pg. 59 | Worksheet grading  | 10.1.9.E10.2.9.D103.9.D |

**9th Grade Health**

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| Date | Objectives: The students will be able to | Activities | Assessment | State Standards |
| 10/24 | Students will be able to name at least 5 sources of stress within their life | Students will begin class by going over a PowerPoint and taking notes, following this, they will use their book to answer questions.  | Lesson check (pgs. 78-82) | 10.1.9.D10.2.9.D10.3.9.B |
| 10/26 | Students will be able to define different forms and types of stress  | Students will read pages 83-87 before answering 1-5 on page 87 | Bell ringer, worksheet  | 10.1.9.D10.2.9.D10.3.9.B |

**7th Grade Physical Education**

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| **Date** | **Objectives:** Students will be able to  | **Activities** | **Assessment** | **State Standards** |
| 10/23 | Go the entirety of the class with 2 or fewer penalties | Students will warm up their throwing and catching of a Frisbee before playing ultimate Frisbee, with the goal being a Frisbee golf hole on each end  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D****10.5.9.A** |
| 10/25 | Go the entirety of class with 3 or fewer behavioral disruptions | Students will warm up their throwing and catching of a Frisbee before playing ultimate Frisbee, with the goal being a Frisbee golf hole on each end | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D****10.5.9.A** |
| 10/27 | Go the entirety of class with 3 or fewer behavioral disruptions | Students will play 4 corner ultimate Frisbee  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D****10.5.9.A** |

**9th Grade Physical Education**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives** | **Activities** | **Assessment** | **State Standards** |
| 10/23 | Go the entirety of class with 3 or fewer behavioral disruptions | Students will warm up their throwing and catching of a Frisbee before playing ultimate Frisbee, with the goal being a Frisbee golf hole on each end | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| 10/25 | Go the entirety of class with 3 or fewer behavioral disruptions | Students will warm up their throwing and catching of a Frisbee before playing ultimate Frisbee, with the goal being a Frisbee golf hole on each end | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| 10/27 | Go the entirety of the class with 2 or fewer penalties | Students will play 4 corner ultimate Frisbee | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |

**Sr. High Physical Education**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives:** The students will be able to  | **Activities** | **Assessment** | **State Standards** |
| 10/23 | Go the entirety of class with 3 or fewer behavioral disruptions | Students will play ultimate Frisbee following their warmup  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D****10.4.12.A** |
| 10/25 | Go the entirety of the class with 2 or fewer penalties throughout gameplay  | Students will warm up their throwing and catching of a Frisbee before playing ultimate Frisbee, with the goal being a Frisbee golf hole on each end | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D****10.4.12.A** |
| 10/27 | Go the entirety of class with 3 or fewer behavioral disruptions | Students will warm up their throwing and catching of a Frisbee before playing ultimate Frisbee, with the goal being a Frisbee golf hole on each end | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D****10.4.12.A** |

**Sr. High Weight Training**

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| **Date:** | **Objectives:** | **Activities** | **Assessment** | **State Standards** |
| 10/24 | As a class, positively encourage each other at least 3 times throughout the class. | Students will have the freedom of choosing what muscles to work, it just needs to be a group that makes sense. Students will also be challenged to help create their own workout regimen with me. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D****10.4.12.A** |
| 10/26 | Lift without needing to be reminded to stay on task. One or fewer reinforcement strategies should be needed to keep each group on task | Students will have the freedom of choosing what muscles to work, it just needs to be a group that makes sense. Students will also be challenged to help create their own workout regimen with me. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D****10.4.12.A** |

**Jr. High Weight Training (A) and (B) class**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives:** The students will be able to | **Activities** | **Assessment** | **State Standards** |
| **10/23, 10/25, 10/27** | Lift without needing to be reminded to stay on task. One or fewer reinforcement strategies should be needed to keep each group on task | Students will have the freedom of choosing what muscles to work, it just needs to be a group that makes sense. Students will also be challenged to help create their own workout regimen alongside me.  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.9.A****10.5.9.D** |
| **10/17,10/19** | One or fewer reinforcementstrategies should be needed to keep each group on task | Students will have the freedom of choosing what muscles to work, it just needs to be a group that makes sense. Students will also be challenged to help create their own workout regimen with me.  | **Students will be assessed based on their dress, participation, sportsmanship, and conduct** | **10.5.9.A****10.5.9.D** |